

Summer 2021 Menus - Allergen Matrix

Name of Dish	S u l p h i t e s	G l u t e n	F i s h	M o l l u s c	C r u s t a c e a n	M i l k	L u p i n	C e l e r y	E g g	M u s t a r d	N u t	P e a n u t	S e s a m e	S o y a
Anytime, Anywhere & Starters														
Pork & smoked cheese sausage roll, Colman's English mustard	YES	WHEAT				YES		YES	YES	YES			YES	
Hippo hot wings, Chef Lee's hot sauce, Oxford blue cheese dip	YES					YES								
Scotch egg, piccalilli	YES	WHEAT				YES		YES	YES	YES				
Barley floured devilled fresh whitebait, burnt lemon, tartare sauce	YES	BARLEY	YES						YES					
Hippo 'filthy gorgeous' fries, pulled pork belly, garlic aioli, smoked cheese, Chef Lee's hot sauce	YES					YES			YES					
Smokie's fish cakes, summer greens, burnt lemon, beurre blanc	YES		YES			YES			YES	YES				
Oak smoked salmon, celeriac rémoulade, wild herbs, crispy kale, pickled cucumber, pumpkin seeds	YES		YES						YES	YES				YES
Tempura battered prawns, Asian 'slaw, wasabi mayo, burnt lemon					YES				YES				YES	YES
Roasted red pepper hummus, BBQ corn, asparagus, radish, beetroot, pomegranate		WHEAT						YES		YES				
Sous vide pork belly, scorched pineapple, beer pickled onions, Granny Smith sauce	YES													
Baked "Ras el hanout" & beetroot falafels, maftoul & chickpea, tzatziki (v)		DURUM						YES		YES				

Name of Dish	Sulphites	Gluten	Fish	Molluscs	Crustaceans	Milk	Lupin	Celery	Egg	Mustard	Nut	Peanut	Sesame	Soya
Soup of the day, bread & butter		WHEAT				YES								
Hippo chicken wings & Rubies ketchup	YES													
Hippo house burger & chips	YES	WHEAT				YES				YES				
Sausages, mash, greens & gravy		WHEAT				YES		YES						
Fish and chips, peas		WHEAT												
THIS-Isn't chicken plant based goujons, chips & rubies ketchup	YES	WHEAT						YES						YES
Chocolate brownie, vanilla ice cream		WHEAT				YES			YES					
Kids Hippo-bocker glory		WHEAT				YES			YES					
Fruit salad and ice cream						YES			YES					
Sunday														
Half roast chicken, roast carrot, onion, savoy cabbage, smoked cauliflower cheese gratin, roast potatoes, Yorkshire pudding, gravy	YES	WHEAT				YES		YES	YES					
Roast rump of beef, horseradish sauce, roast carrot, onion, savoy cabbage, roast potatoes, smoked cauliflower cheese gratin, Yorkshire pudding, gravy	YES	WHEAT				YES		YES	YES					
Roast pork belly, crackling, roast carrot, onion, savoy cabbage, roast potatoes, smoked cauliflower cheese gratin, Yorkshire pudding, gravy, apple sauce	YES	WHEAT				YES		YES	YES					
Vegetarian Sunday roast special, roast carrot, onion, savoy cabbage, roast potatoes, smoked cauliflower cheese gratin, Yorkshire pudding, gravy (v)	YES	WHEAT				YES		YES	YES					
Smoked cauliflower cheese gratin	YES	WHEAT				YES		YES	YES					
Yorkshire pudding		WHEAT				YES			YES					
Roast potatoes / Roast vegetables														
BBQ Food (The Black Horse & The George)														
24 hour marinated jerk chicken, green salad, red cabbage & fennel slaw, hot sauce	YES							YES		YES				

Name of Dish	S u l p h i t e s	G l u t e n	F i s h	M o l l u s c	C r u s t a c e a n	M i l k	L u p i n	C e l e r y	E g g	M u s t a r d	N u t	P e a n u t	S e s a m e	S o y a
½ baby back rack of ribs, green salad, red cabbage & fennel slaw, beer BBQ sauce	YES							YES		YES				
Quarter pounder steak sausage dog, caramelised onions, Rubies In The Rubble ketchup, mustard, green salad red cabbage & fennel slaw	YES	WHEAT								YES				YES